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# I CAN REACH MY GOAL

The goal I have set for myself is:

to complete all of my homework  
assignments by myself.



I can reach  
my goal.

*I am focused, determined and will not quit.*

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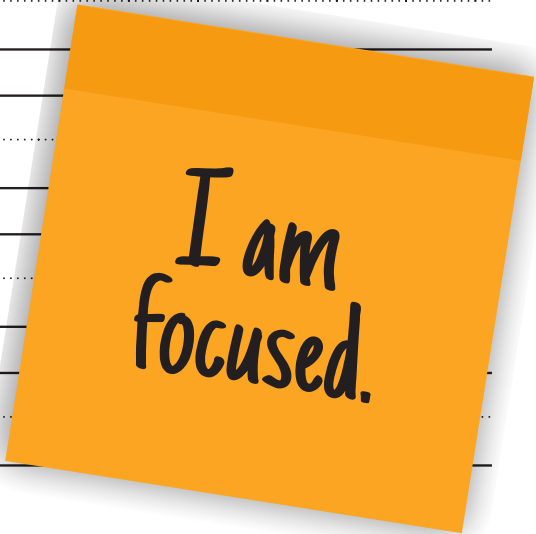
# I AM FOCUSED

List 3 action steps to reach your goal.

1. Write down my assignments in my agenda daily.

2. Go to a quiet area to do my homework.

3. Do work for 20 minutes and take a break.






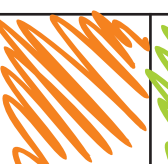

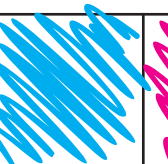
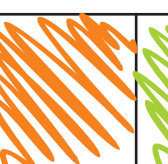
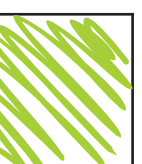


I am focused.


*I am paying attention to my work.*

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# MISSION ACCOMPLISHED

Color in one box for each time you work on accomplishing your goal. Color in the star when you reach your goal.



*I am focused, determined and will not quit.*