Perky Penguin



Materials Needed:

- Black film canister with googly eyes and foam body parts (cut an X at the top for bean insertion)
- Assorted beans (smaller requires more precision and strength and larger requires less precision and strength)

Activity Additions:

Die/Dice

Skills Encouraged:

- Finger strength/endurance
- Fine motor coordination and control
- Precision skills
- In-hand manipulation
- Bilateral hand coordination
- Grasp patterns
- Eye-hand coordination skills

Activity Additions:

- Arch development
- Counting

Activity Directions:

1. Have child simply work on feeding penguin(s) as many assorted beans through the top slot as possible. Allow for hand rest breaks or work to increase endurance by feeding them more beans than the child fed them at the last attempt.

Activity Tips:

- 1. A larger X cut on the lid will make bean insertion easier while a smaller X cut will make the bean insertion more difficult.
- 2. If the larger X hole continues to be too difficult for the child, the lid can be completely removed if needed.

Activity Additions:

- 1. Roll a die and feed penguins that number of beans. (Make sure to cup hands together and shake the die for arch development.)
- 2. Use a variety of beans and sort them by feeding each penguin a specific type of bean.

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^{*}All activities should be completed with adult supervision to ensure child safety. See full disclaimer statement.



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