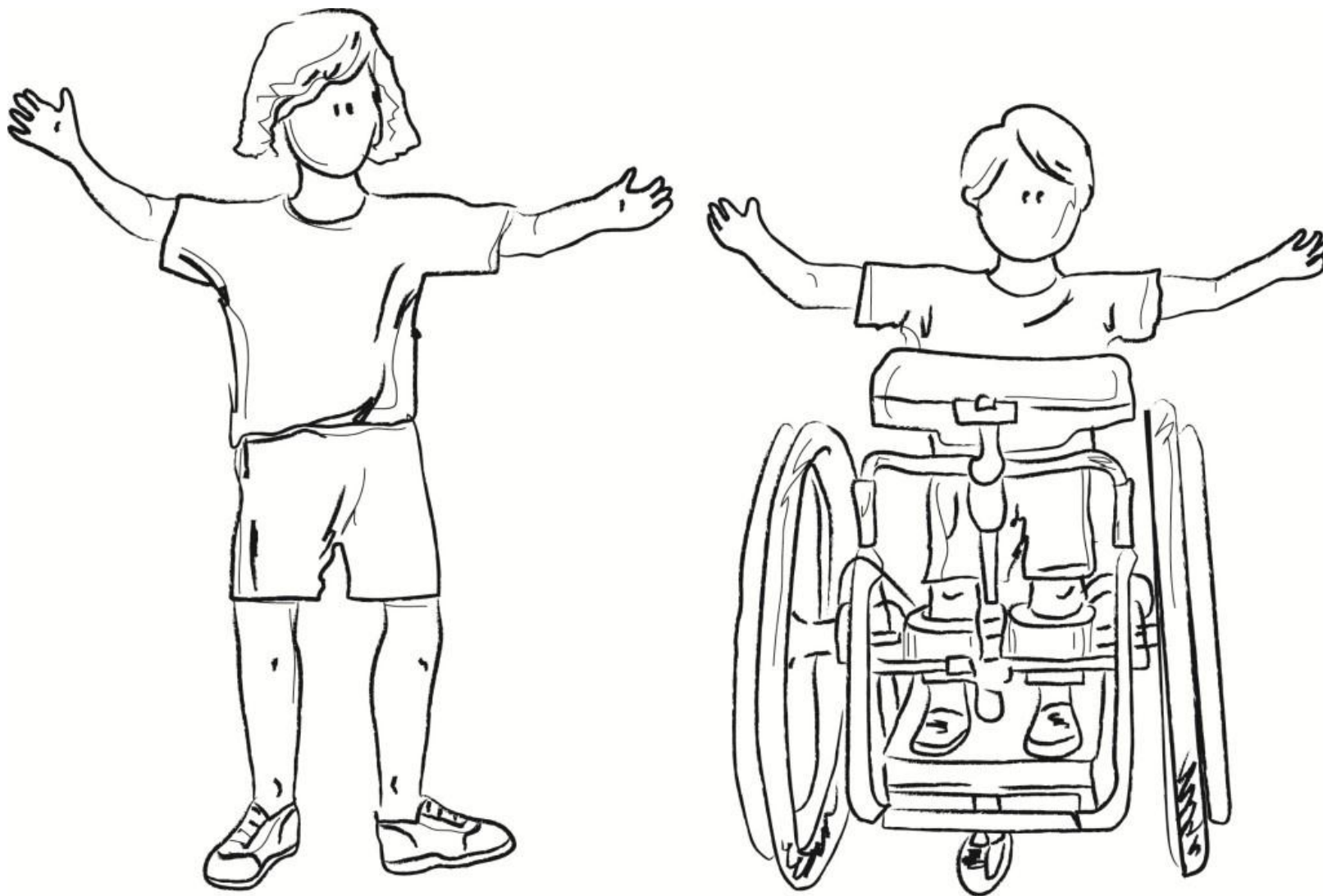


5. Gathering the Stars (Stable and Open)



SAMPLE VERBAL CUES FOR CHILD IN THE SEATED POSITION

Sit in front of child.

Again, use simple, consistent word cues. Point or gently guide the child's movement.

Posture Reminders: "Tall back, soft arms."

1. Horse Stance. Breathing.	"Let's climb on a horse"
Riding the Horse	"Horsie ride"
2. Heavy Arms	"Drop arms"
3. Crane Takes Flight	"Flying"
4. Bear Rooting	"Side to side." Older students like to play kayak ride.
5. Gathering the Stars	"Catch beach ball"
(Stable and Open)	
Tai chi Stance	
6. Bear Walk	
Tai chi Fold	
7. Basic Bear	"Turn"
8. Holding the Moon	"Move the ball"
9. Tai chi Ski	"Paddle" (could use prop as in kayak paddling)
10. Flying Crane	"Knee up; Fly"
Tai chi Stance with Fold	
11. Softball Pitch	"Throw balloon" Older students like to pretend bocce ball.



38 We give support



40 Our separate ways



41 Somehow



42 In some way