

## Directions for Visual Motor Exercises

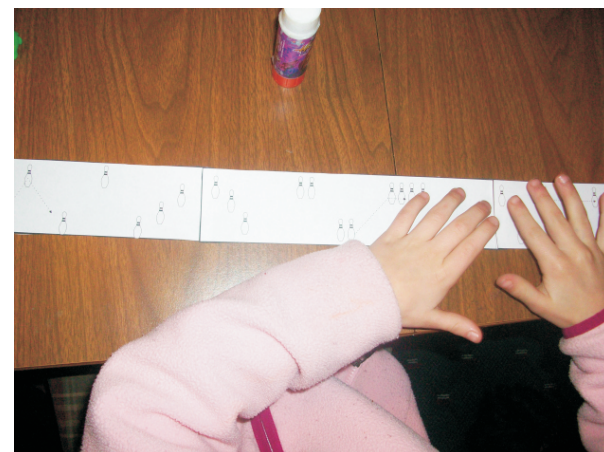
**Step 1:** Cut out each visual motor exercise page on the black solid lines.



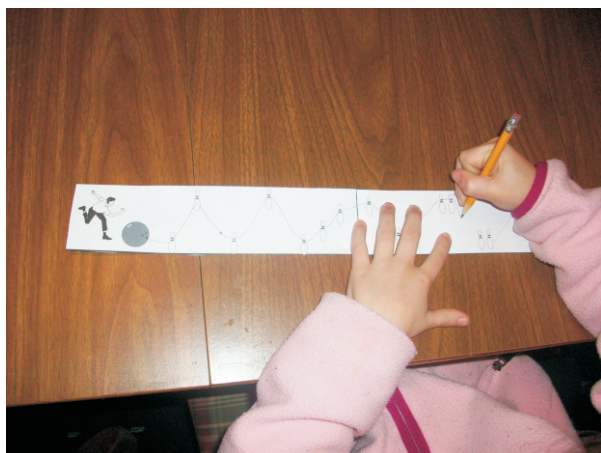
**Step 2:** Put glue over the rectangle with the number 1 and number 2.



**Step 3:** Glue together sheets 1,2 and 3 to create a long pattern to trace or maze to complete.



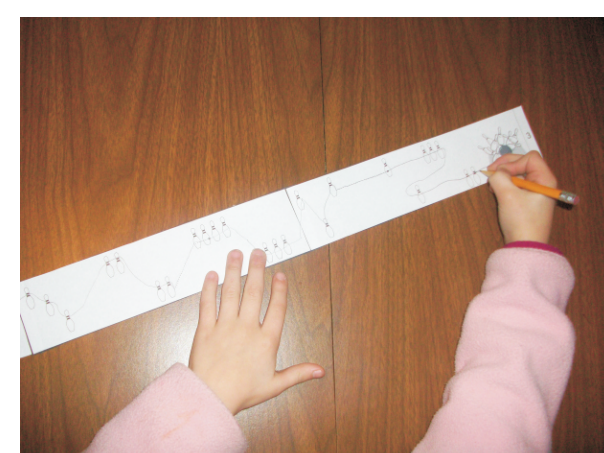
**Step 4:** Put the long pattern or maze on the child's desk for the child to complete.



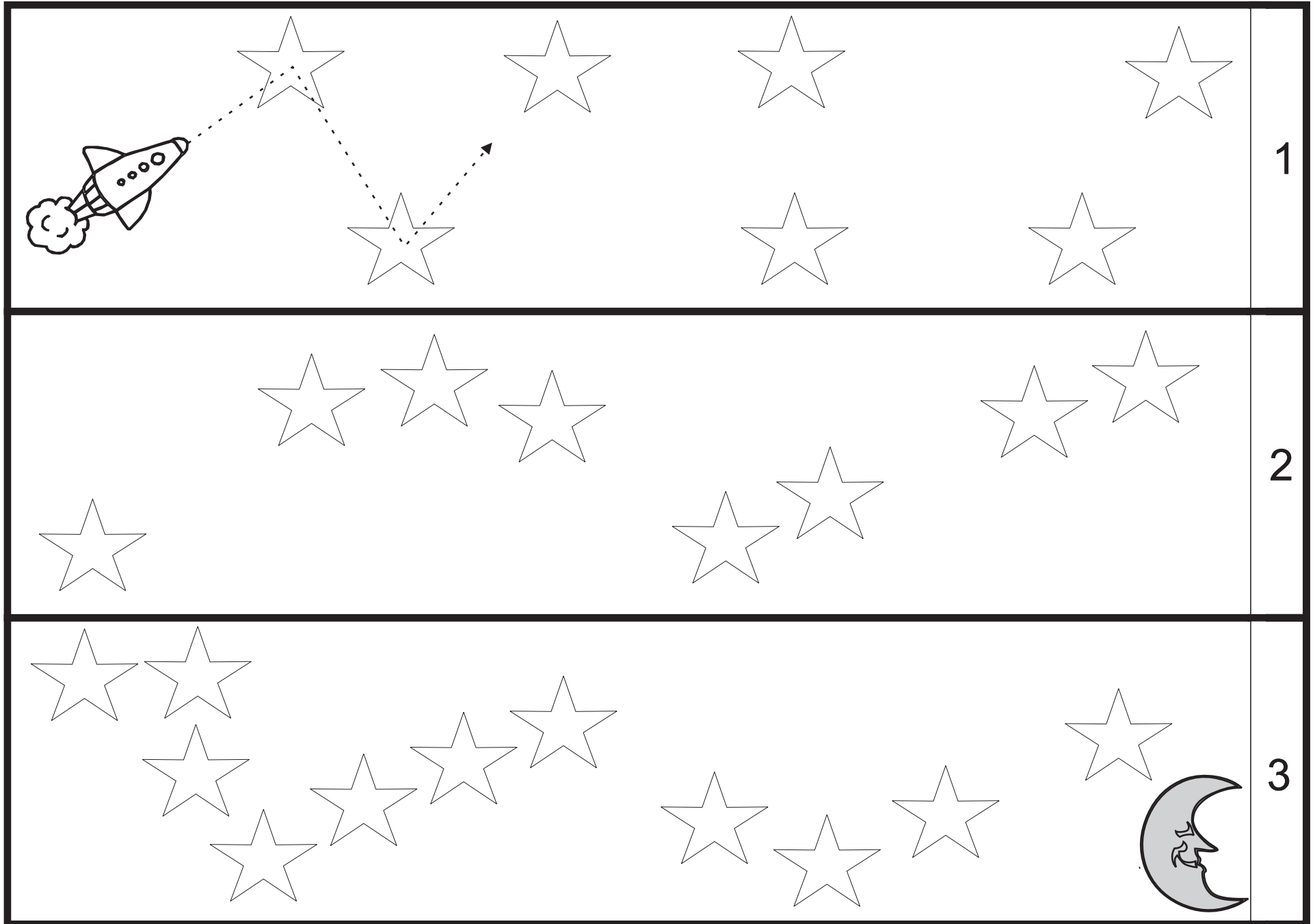
**Modifications:** If the child has trouble holding the paper on the desk, tape it to the desk or hold it down for him/her.



**Modifications:** Try moving the pattern in different directions - horizontally or vertically.

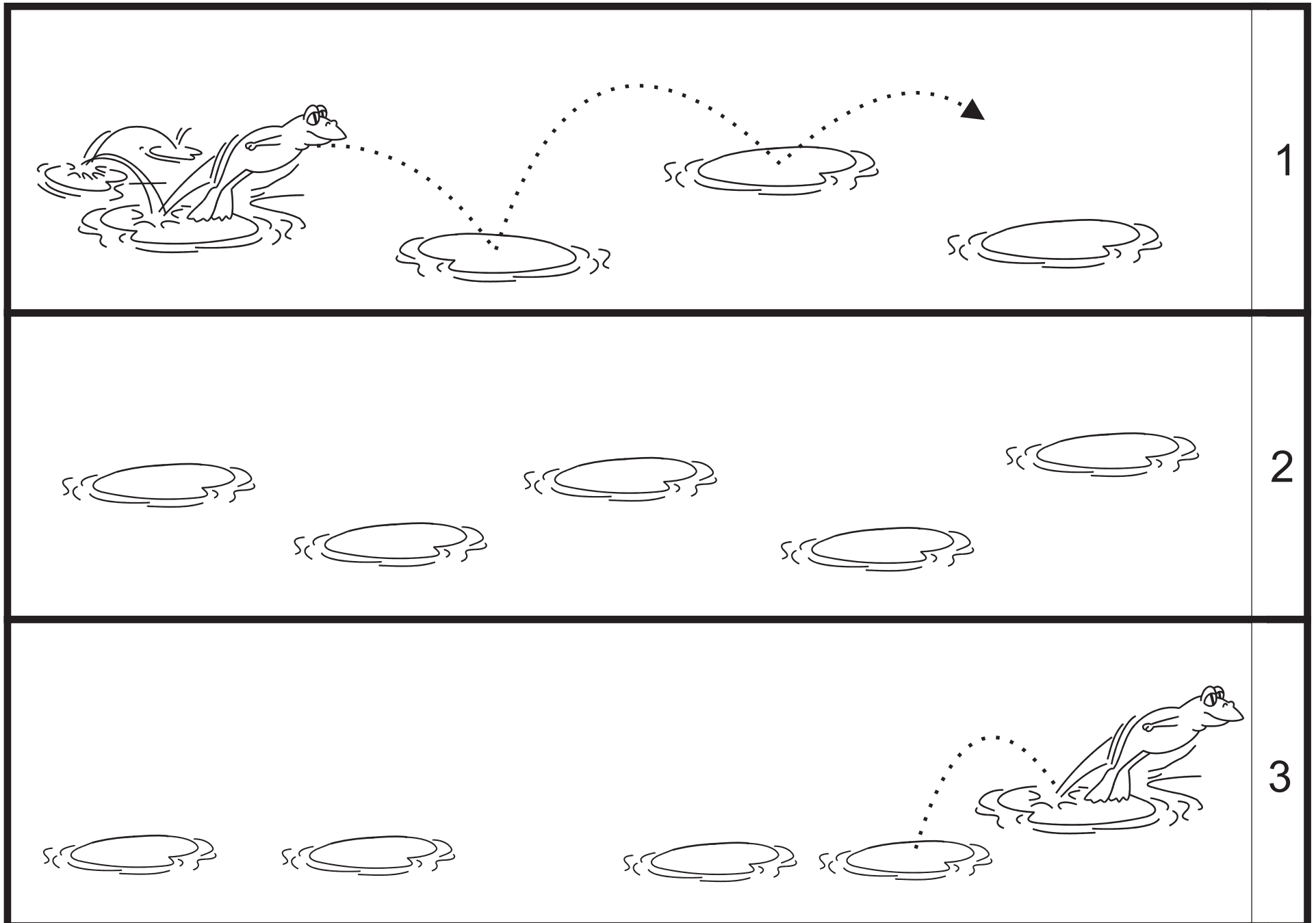


Directions: Cut along the thicker solid black lines. Glue strip 1, 2 and 3 together in a long line. Draw a line through each star to get the rocket to get to the moon.



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Directions: Cut along the thicker solid black lines. Glue strip 1, 2 and 3 together in a long line. Draw a path for the frog to jump from lily pad to lily pad.



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